Bark and leaf artist

Create a gallery of each childs favourite leaf and tree on their walk.

Try layering colours and patterns, or create lots of bark and leaf rubbings from different trees.

What to do:

Leaf rubbing

1. Give your child a basket small enough to carry themself.
2. Collect the prettiest fall leaves you can find, choosing a variety of shapes and textures.
3. Place a leaf on a sheet of white drawing paper. Fold the paper over it so the leaf is between two layers of paper. Rub the top sheet of paper gently with a crayon so the imprint of the leaf begins to show through. You can make the rubbings into greeting cards or frame them for your walls.

Bark rubbing

1. Find a tree, one with gnarly, interesting bark is best.
2. Press the paper against the bark and hold it in place.
3. Rub your charcoal, pencil or crayon against the paper. You'll need to press firmly.
4. When the pattern has come through, you can move the paper and you should have a lovely barking picture.